

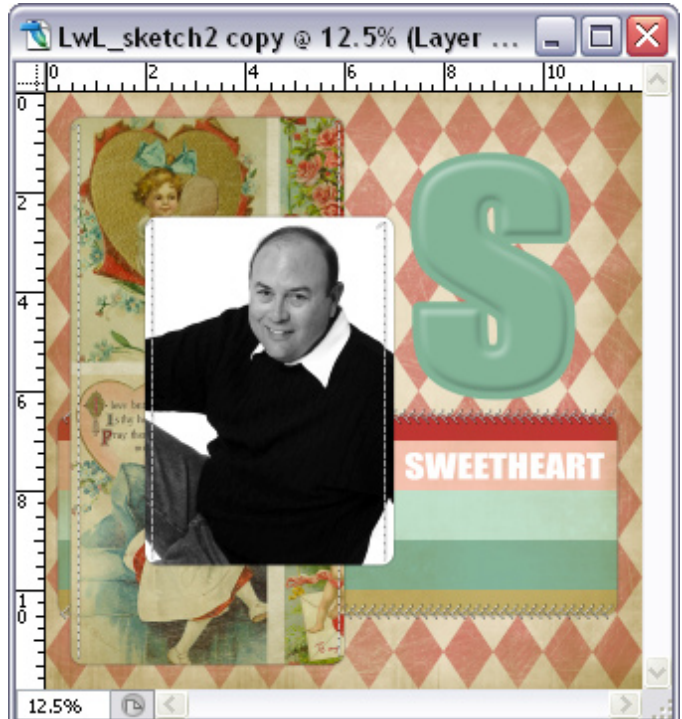
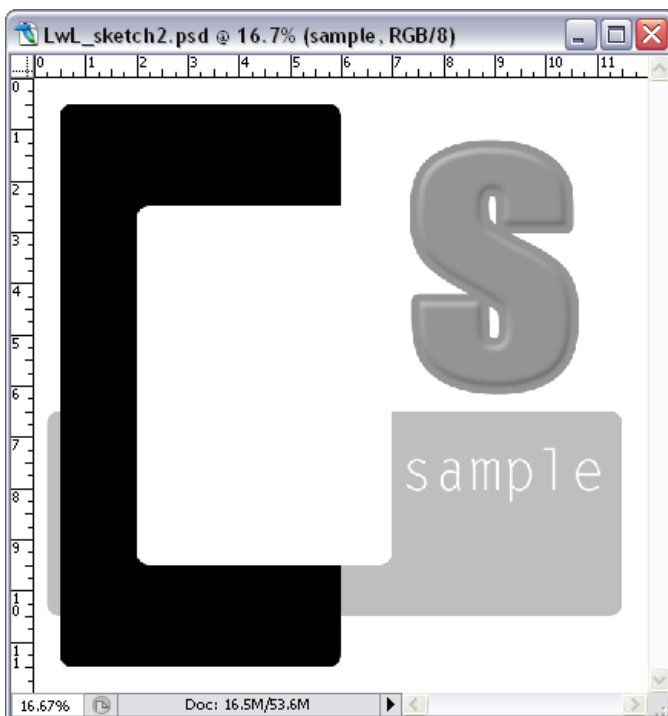
LAYOUTS WITH LISA

A STEP BY STEP GUIDE TO CREATING A SKETCH AND USING IT TO CREATE A LAYOUT

©LISA CARTER/2006

This is the second in a series of monthly articles/tutorials I will be writing to help both new and seasoned scrapbookers create beautiful layouts from a sketch. During the instructions I will be telling you the kit(s) I used. For your layout you will select the kit of your own choosing. This month I have chosen to do a very simple layout but in the process, teach you a simple embossing technique.

To begin I will show you both the Sketch and the Finished layout



STEP 1

FILE>NEW

Name: **PLEASE NAME LAYOUT HERE**

Preset: **CUSTOM**

Width: **12 INCHES**

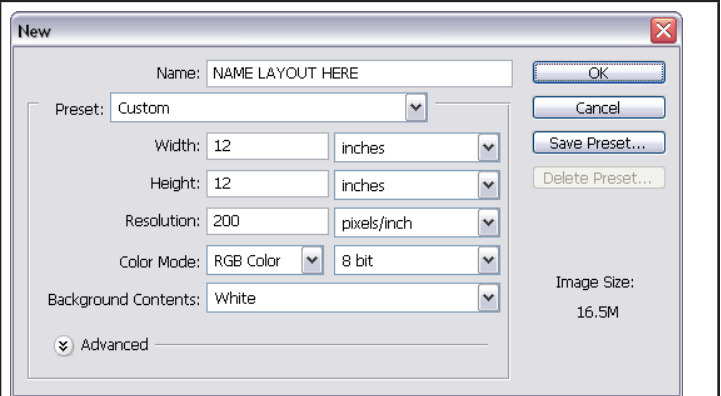
Height: **12 INCHES**

Resolution: **200 PIXELS/INCH**

Color Mode: **RGB COLOR 8 BIT**

Background Contents: **WHITE**

PRESS OK



STEP 2

Make a new layer by clicking on the **CREATE NEW LAYER** icon  at the bottom of the layer palette

STEP 3

Select your **ROUNDED RECTANGLE TOOL**  from toolbox.

STEP 4

Set options bar to **FILL PIXELS** Radius: **50 PX RADIUS** Mode: **NORMAL** Opacity: **100%**



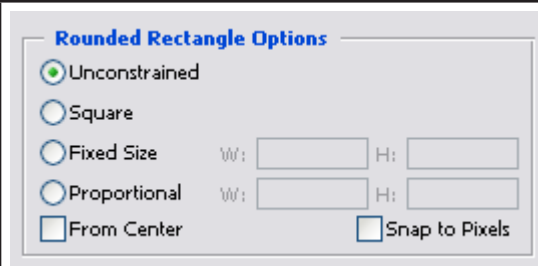
STEP 5

Open your **GEOMETRY** window (*the arrow beside the custom shape tool in the options bar*)



STEP 6

Set Geometry options to match figure to right
The only thing selected is **UNCONSTRAINED**



STEP 7

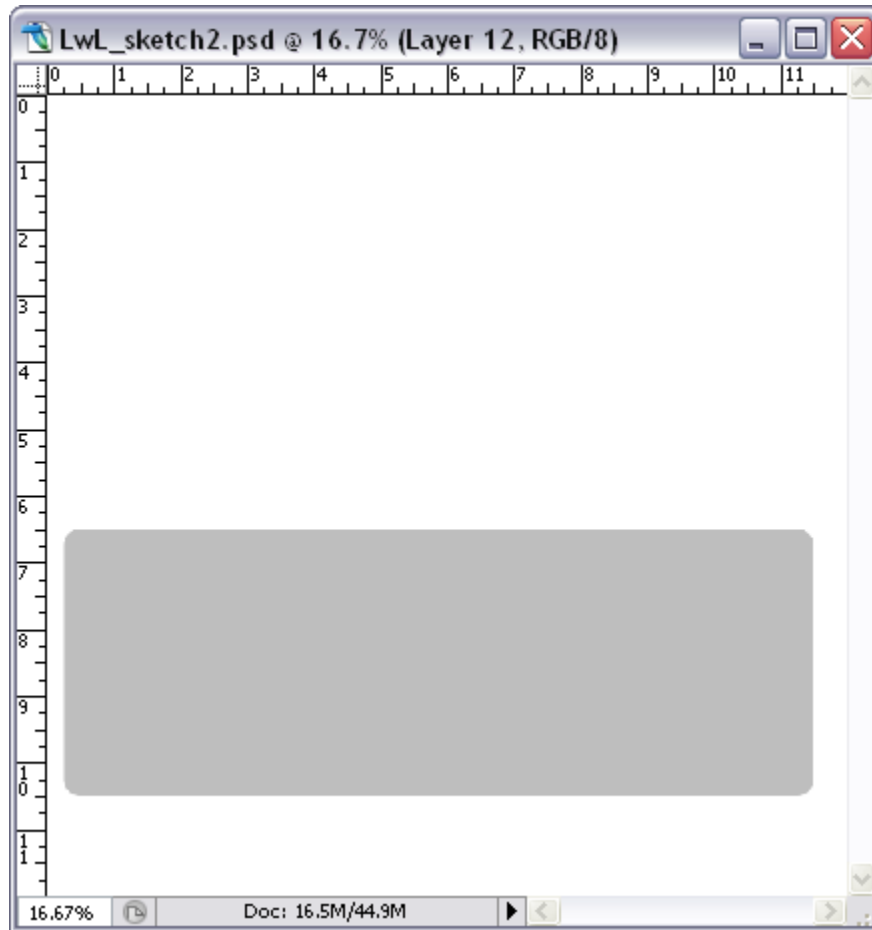
Click in your **FOREGROUND** color box and set the foreground color to # **c0c0c0**

STEP 8

On the last Layouts with Lisa I had you use your grids when drawing out the sketch boxes. This time we are just going to “eye” it. If you would like to use your grids you may do so.

SO...Place your cursor near the bottom of the page (*approx 6½” down and approx ¼” from left side*). Hold down your left mouse button and DRAG your rounded rectangle shape out. You can make this any size you want..Mine is approx. 11½” in Width and 4” in Height.

Document should look like figure below at this time



STEP 9

Press **D** to reset the FOREGROUND/BACKGROUND colors to the Default colors of BLACK/WHITE

STEP 10

Make a new layer by clicking on the **CREATE NEW LAYER** icon  at the bottom of the layer palette

STEP 11

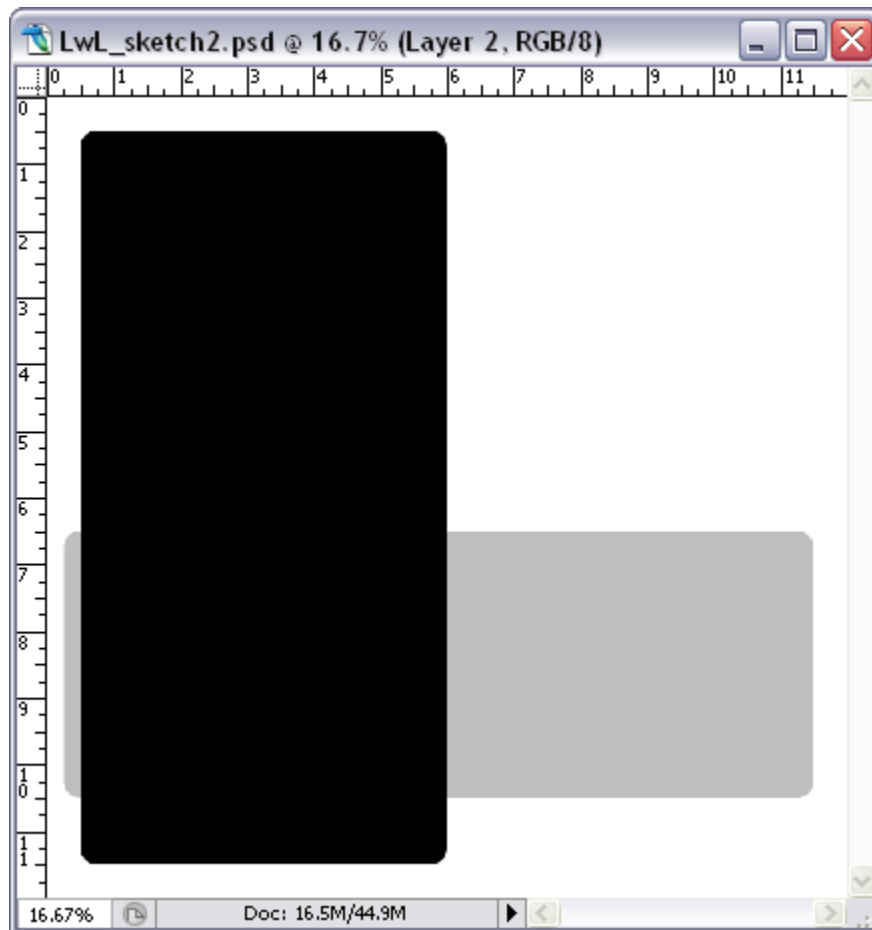
Verify that you still have your **ROUNDED RECTANGLE TOOL** selected with options bar and geometry settings still the same as in previous steps. *(they should still be selected and set correctly..but ALWAYS verify your TOOL, OPTIONS BAR SETTINGS and LAYER before doing anything...you will*

eliminate a lot of mistakes by just making a quick check before doing something in PS). Also verify that your are on the new layer you just created.

STEP 12

Place your cursor near the top of the page (*approx 1/2" down and approx 1/2" from left side*). Hold down your left mouse button and DRAG your rounded rectangle shape out. You can make this any size you want..Mine is approx. 5 1/2" in Width and 11" in Height.

Document should look like figure below at this time



STEP 13

Press **X** to switch your **FOREGROUND/BACKGROUND** colors to **WHITE/BLACK** (*white being the foreground color*)

STEP 14

Make a new layer by clicking on the **CREATE NEW LAYER** icon  at the bottom of the layer palette

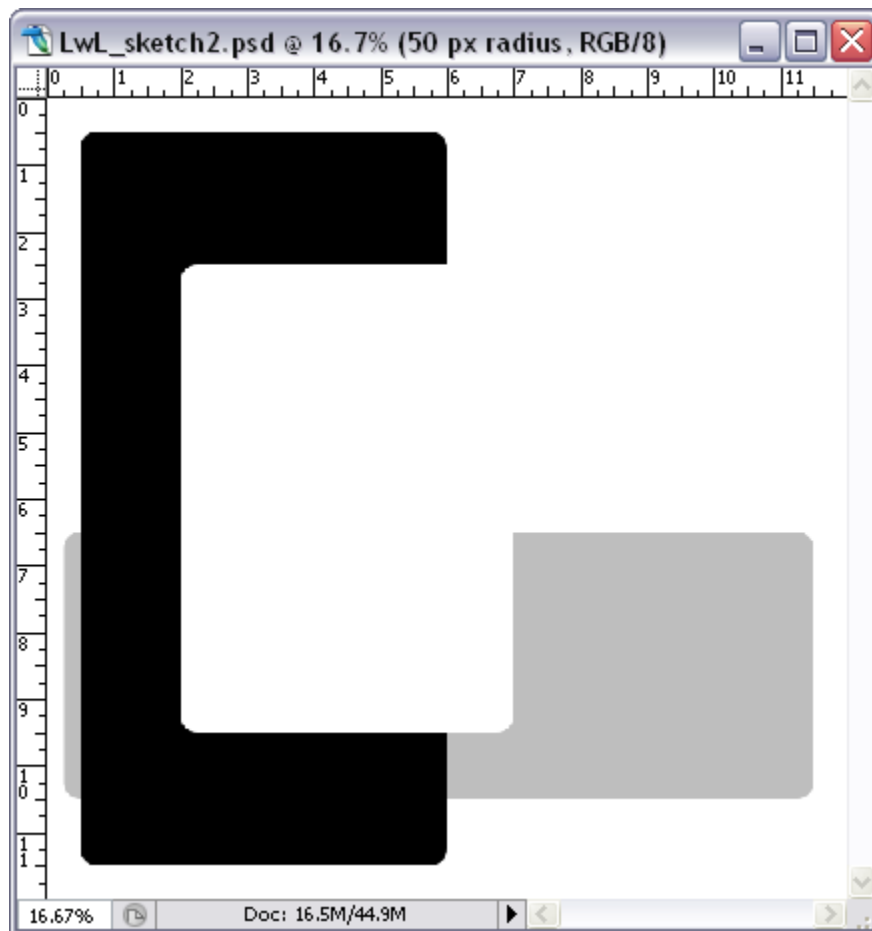
STEP 15

Again...verify your tool, options bar setting, and that you are on the new layer. (*ROUNDED RECTANGLE TOOL*)

STEP 16

Place your cursor approx $2\frac{1}{2}$ " down and approx 2" from left side. Hold down your left mouse button and DRAG your rounded rectangle shape out. You can make this any size you want..Mine is approx. $4\frac{1}{2}$ " in Width and 7" in Height.

Document should look like figure below at this time



STEP 17

Click in your **FOREGROUND** color box and set the foreground color to # **959595**

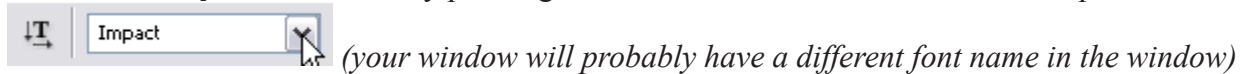
STEP 18

Now it is time to add our Embossed Letter

Select your **HORIZONTAL TYPE TOOL** **T** from toolbox

STEP 19

Select the font you wish to use by pressing the arrow beside font name window in options bar



(your window will probably have a different font name in the window)

I selected IMPACT. You may select any font you wish to use.

I have set the size of my font to **500 pt**...you will need to adjust as needed for the font you select

STEP 20

Click the empty upper right area of your canvas to type in your letter. I selected S for this because I am going to use a word beginning with S in a minute

STEP 21

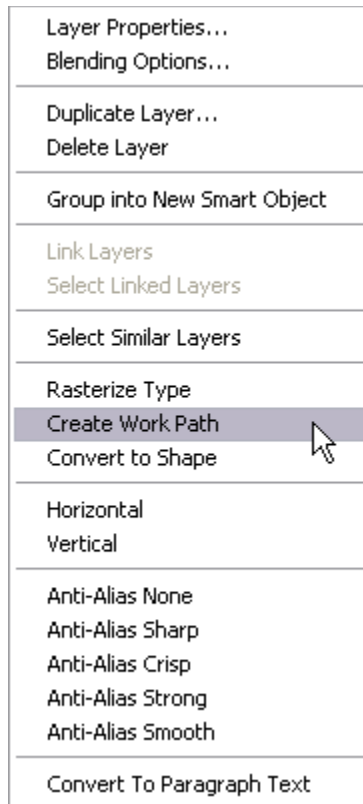
PSCS2 users

Right click on the text layer  *(the layer where you made your letter it should have the T symbol as the thumbnail).*

Scroll down this list and select **CREATE WORK PATH**

PS7 & CS users

Instead of right clicking on the layer you must select the layer the go **LAYER>TYPE>CREATE WORK PATH**



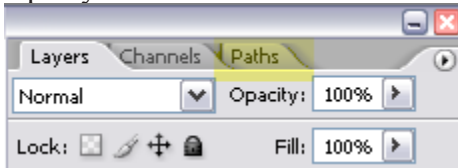
STEP 22

Hold down the **CTRL** key and press the **CREATE NEW LAYER** icon  at bottom of Layers Palette. (*this will give you a new layer below the text layer*)

****make sure you are ON this layer**

STEP 23

Open your **PATHS PALETTE**. This palette is normally found in the same window as your layers palette.



Click on this tab and you will see your path you made.

****If you have altered your workspace it will not be and you will need to find and open it via **WINDOW>PATH****

STEP 24

Click on the **WORK PATH** layer to select it.

STEP 25

Click the **FILL PATH WITH FOREGROUND COLOR** icon  at bottom of Path Palette

STEP 26

Select your **BRUSH TOOL**  from the toolbox

STEP 27

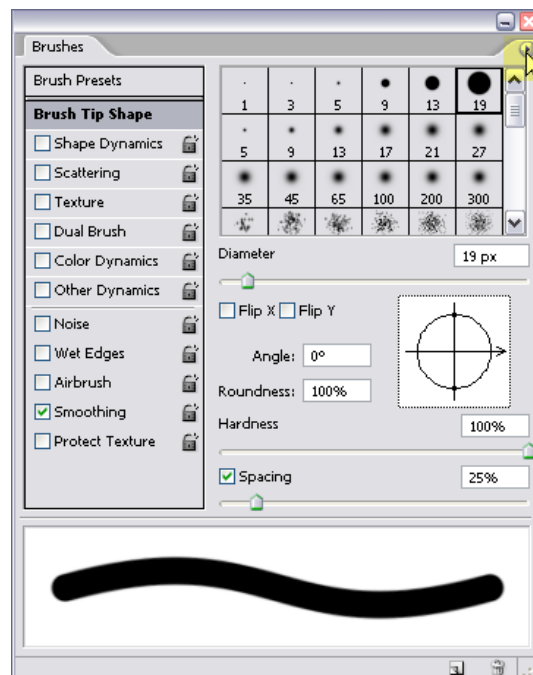
Press **F5** to open your Brush palette (*you can also open by WINDOW>BRUSHES*)

This palette may be a little confusing if you are not used to is so I am going to try my best to walk you through this.

STEP 28

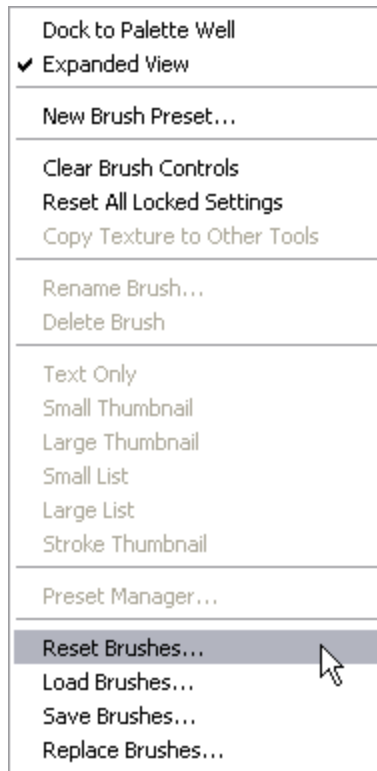
First thing we need to do is make sure we have our **DEFAULT BRUSHES** loaded. To do this simply press the arrow located in the upper right corner of palette.

Please see yellow highlighted area of figure below



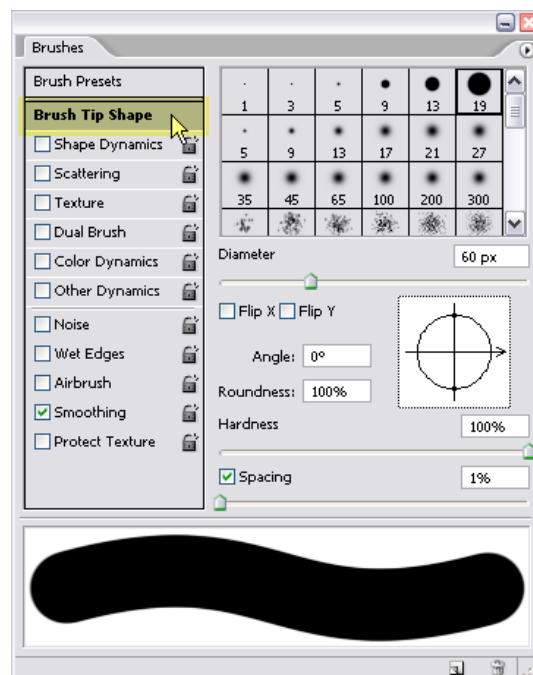
This will open up the **BRUSH PALETTE MENU**. You will want to select **RESET BRUSHES**.

****IMPORTANT ****If you have brushes that you have not saved yet you need to save them **BEFORE** you reset your brushes.



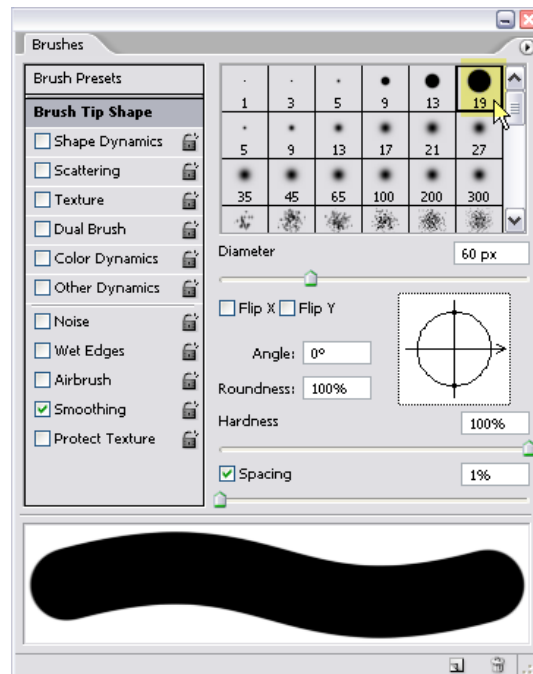
STEP 29

Once you have your brushes reset to the default brushes you will need to make sure you are on the **BRUSH TIP SHAPE** portion of the brush palette



STEP 30

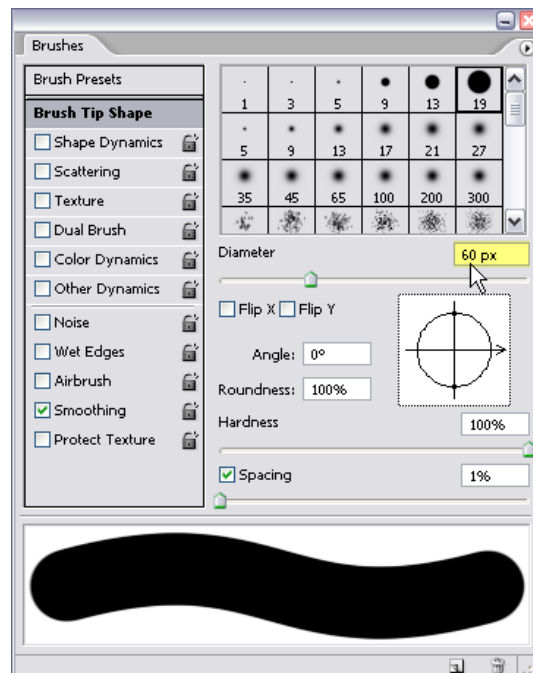
In this window we want to Select the **HARD ROUND 19** brush



STEP 31

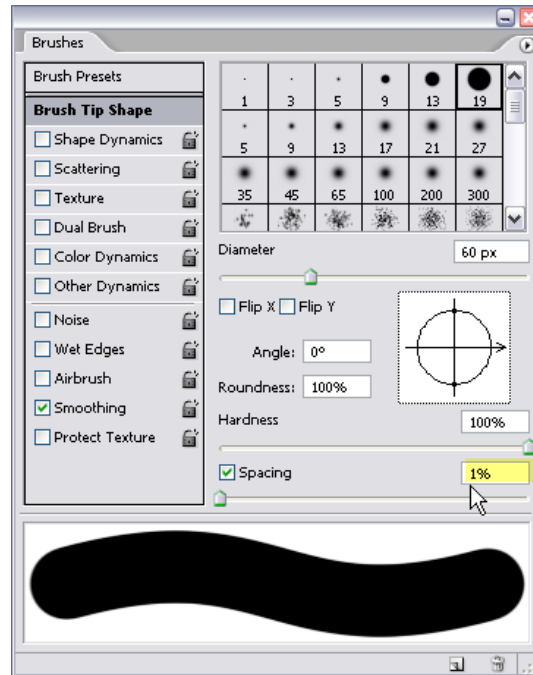
Set the **DIAMETER** to **60 px**

*If you selected a thin font you may need to adjust the **DIAMETER** of the brush down a bit*




STEP 32

Set the **SPACING** to **1%**



Ok...we are ready to use this brush now....I hope...LOL

STEP 33

Make sure you still have the Work Path selected and then click on the **STROKE PATH WITH BRUSH** icon  located at bottom of path palette.

STEP 34

Deselect your Work Path by clicking on an empty part of the path palette (*below the layer*)

STEP 35

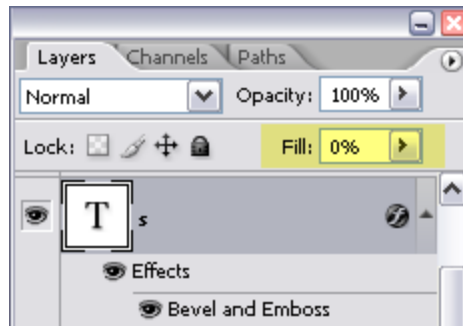
Go back to the LAYERS PALETTE (*click on the tab titled **LAYERS** or press **F7***)

STEP 36


Select your **TEXT** layer

STEP 37

Lower the **FILL** of this layer to 0%

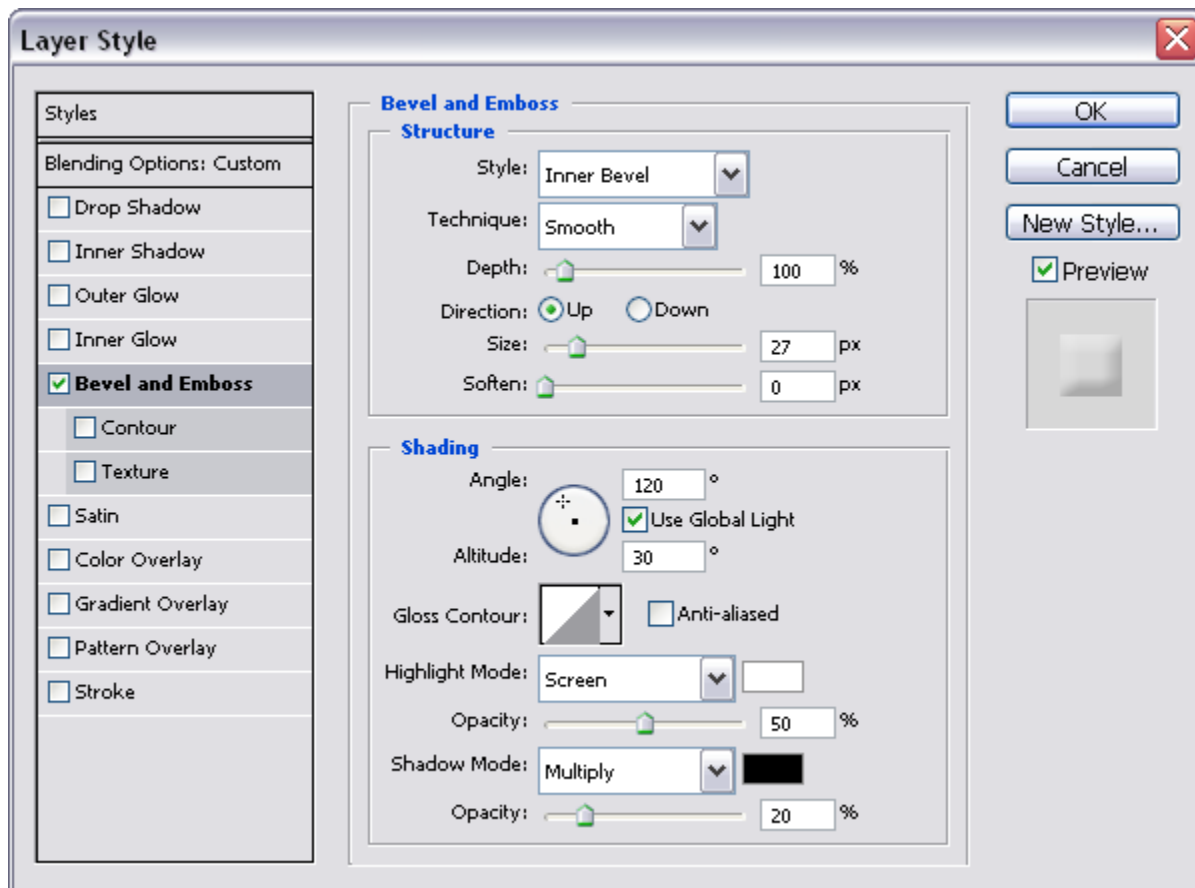


STEP 38

Click on the ADD A LAYER STYLE icon  located at bottom of layers palette and select **BEVEL AND EMBOS**

STEP 39

When the Layer Styles window opens please set ALL settings to match figure below:



These settings are intended to use on the IMPACT font. You will need to watch your image to adjust the SIZE as needed depending on the thickness of the font you selected.

PRESS OK

STEP 40

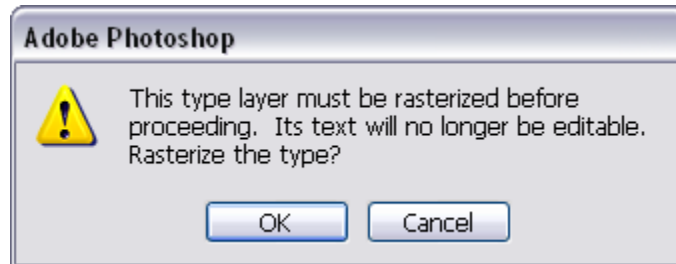
We need to soften the bevel a bit so we are going to add a gaussian blur to the text layer.
With the Text layer still selected...

FILTER>BLUR>GAUSSIAN BLUR

STEP 41

When the warning window pops up asking to Rasterize type....

PRESS OK



STEP 42

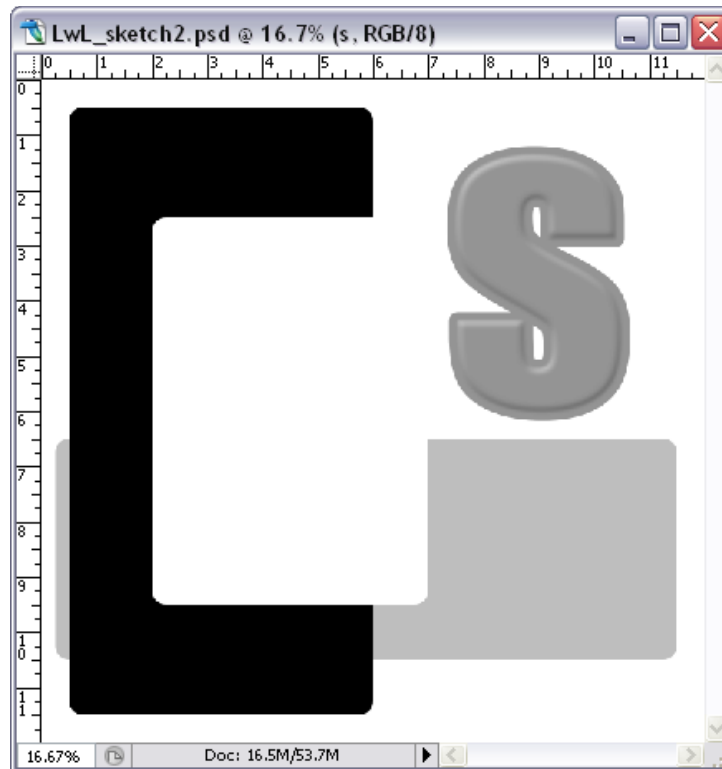
The next window is called the GAUSSIAN BLUR window.

Set the RADIUS to **5** pixels and **PRESS OK**.

(remember that the size of the font will play a role here also...if you have a thinner font you will need to check the preview box and adjust as needed)



Here is what my sketch looks like at this point

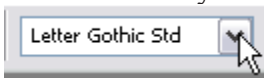


STEP 43

Select your **HORIZONTAL TYPE TOOL** **T** from toolbox

STEP 44

Select the font you wish to use by pressing the arrow beside font name window in options bar



(your window will probably have a different font name in the window)

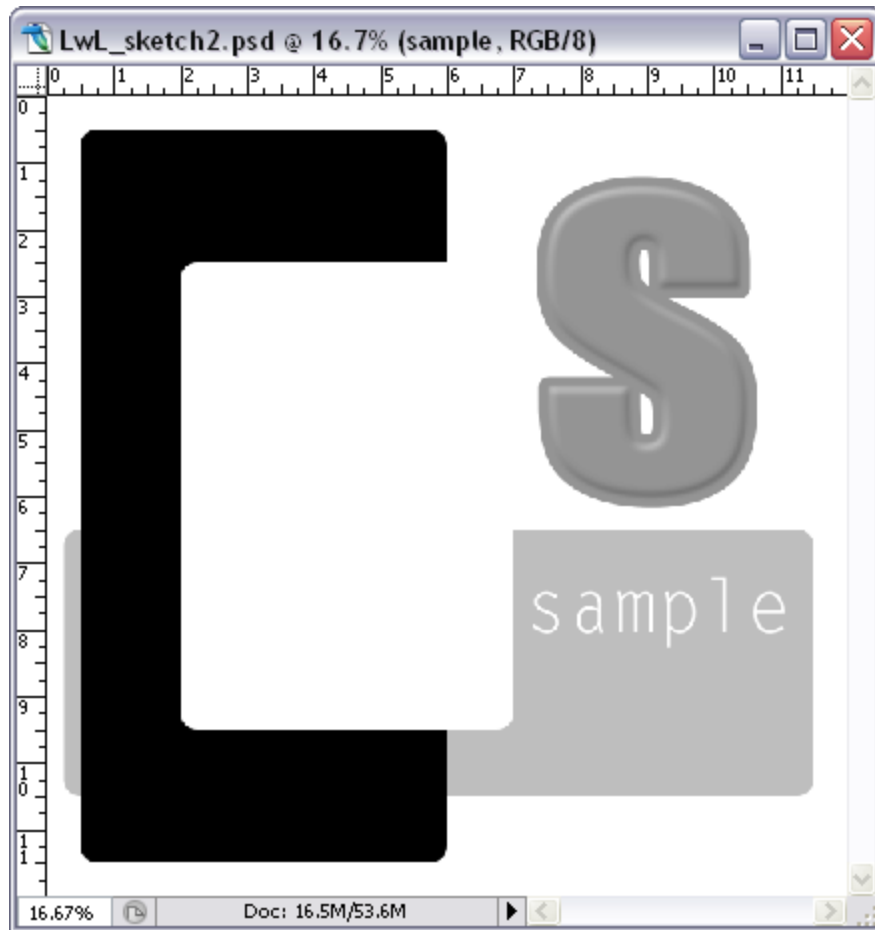
I selected LETTER GOTHIC STD. You may select any font you wish to use.

I have set the size of my font to **80 pt**...you will need to adjust as needed for the font and word you select

STEP 45

Click the LIGHTER GRAY rectangle you made...just below your large letter and type your word (*this word should begin with the letter you selected to emboss*)

Here is what my sketch looks like at this point



Lets add our drop shadows and then we can do our layout.

STEP 46

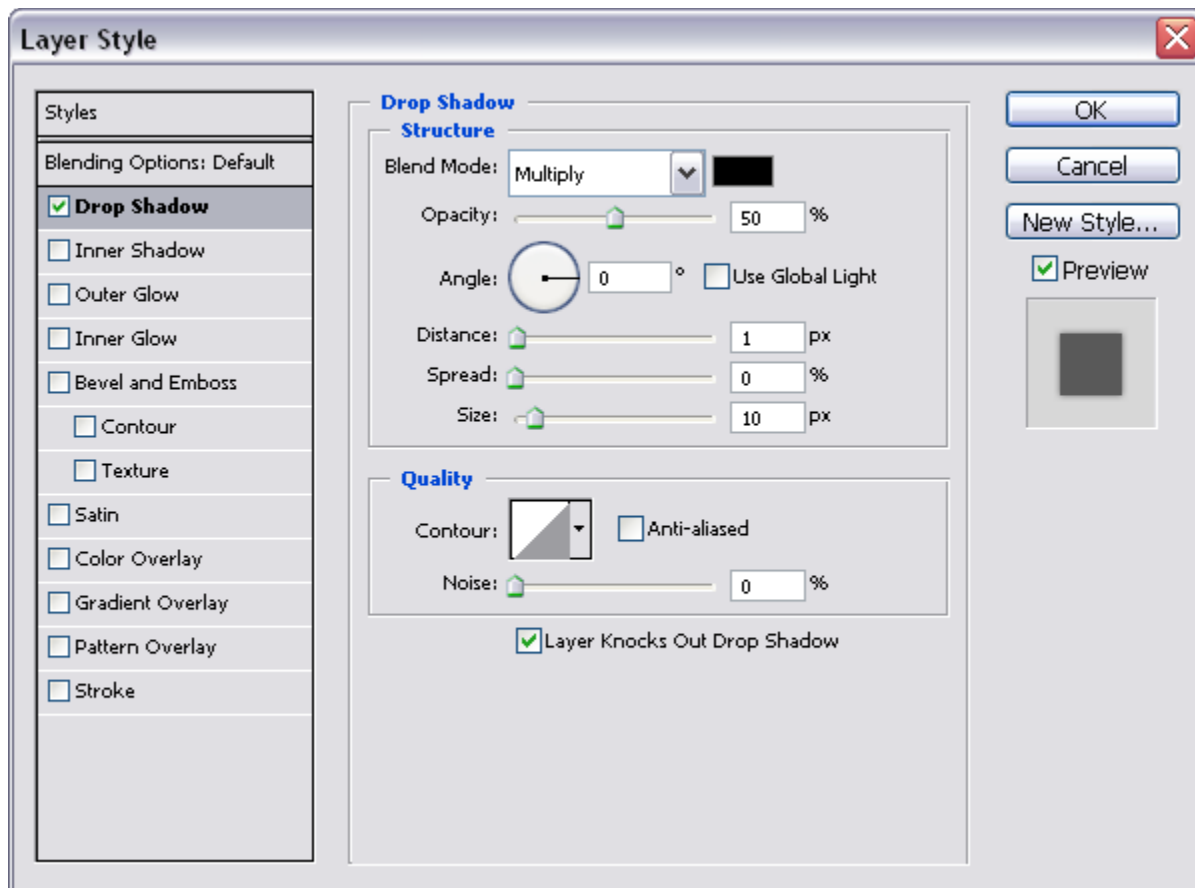
Select the layer with the smaller white rounded corner rectangle (should be layer 3)

STEP 47

Click on the ADD A LAYER STYLE icon  located at bottom of layers palette and select **DROP SHADOW**

STEP 48

When the Layer Styles window opens please set ALL settings to match figure below:



PRESS OK

STEP 49

PRESS OK

STEP 50

You now should see the LAYER STYLE icon ON THE LAYER

STEP 51

Right click on the LAYER STYLE icon  located ON the layer and select **COPY LAYER STYLE**

STEP 52

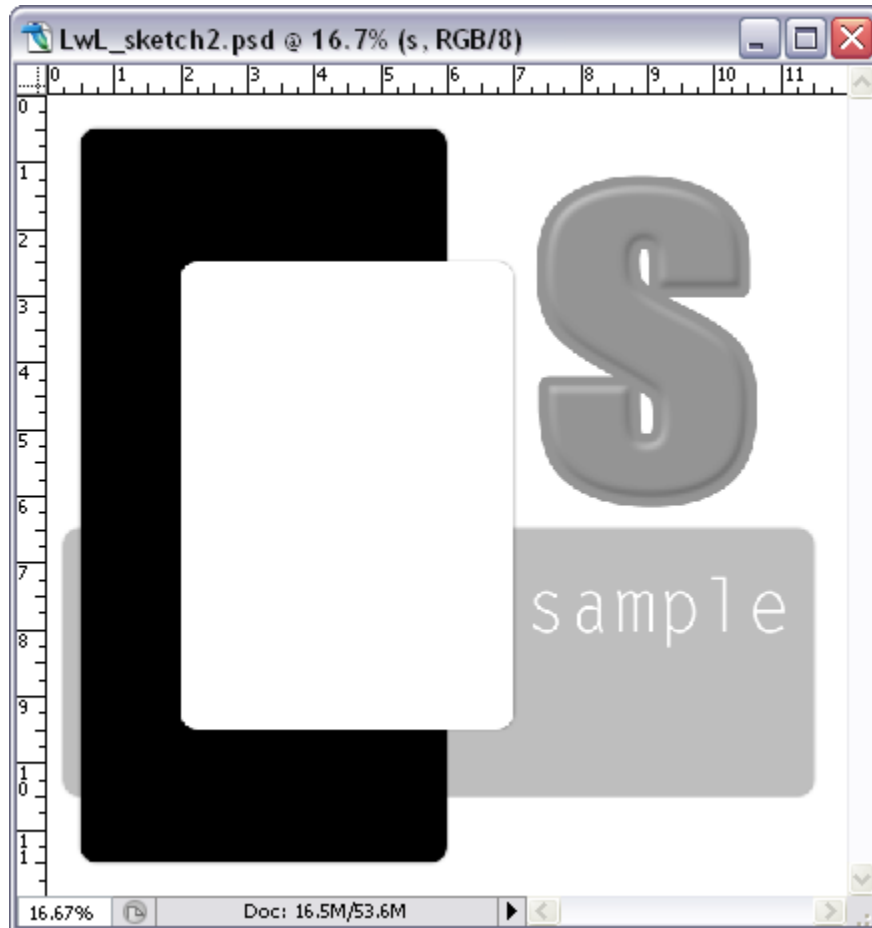
Select the layer with the larger BLACK rounded rectangle (should be layer 2)

STEP 53

Right click on the LAYER STYLE icon  located ON the layer and select **PASTE LAYER STYLE**

STEP 54

Repeat steps 52 and 53 for the Gray Rounded Rectangle layer and the Letter layer...(the layer you filled and stroked NOT the text layer your rasterized...should be layers 1 and 4)



SAVE YOUR SKETCH

We are done with the Sketch...lets move on to the layout.

In the last LAYOUTS WITH LISA I taught you how to use the AV Bros. Script. This time I will teach you how to DRAG your papers and elements in your sketch. This way you know yet another way to get the items you need for your layout into your layout.

STEP 1

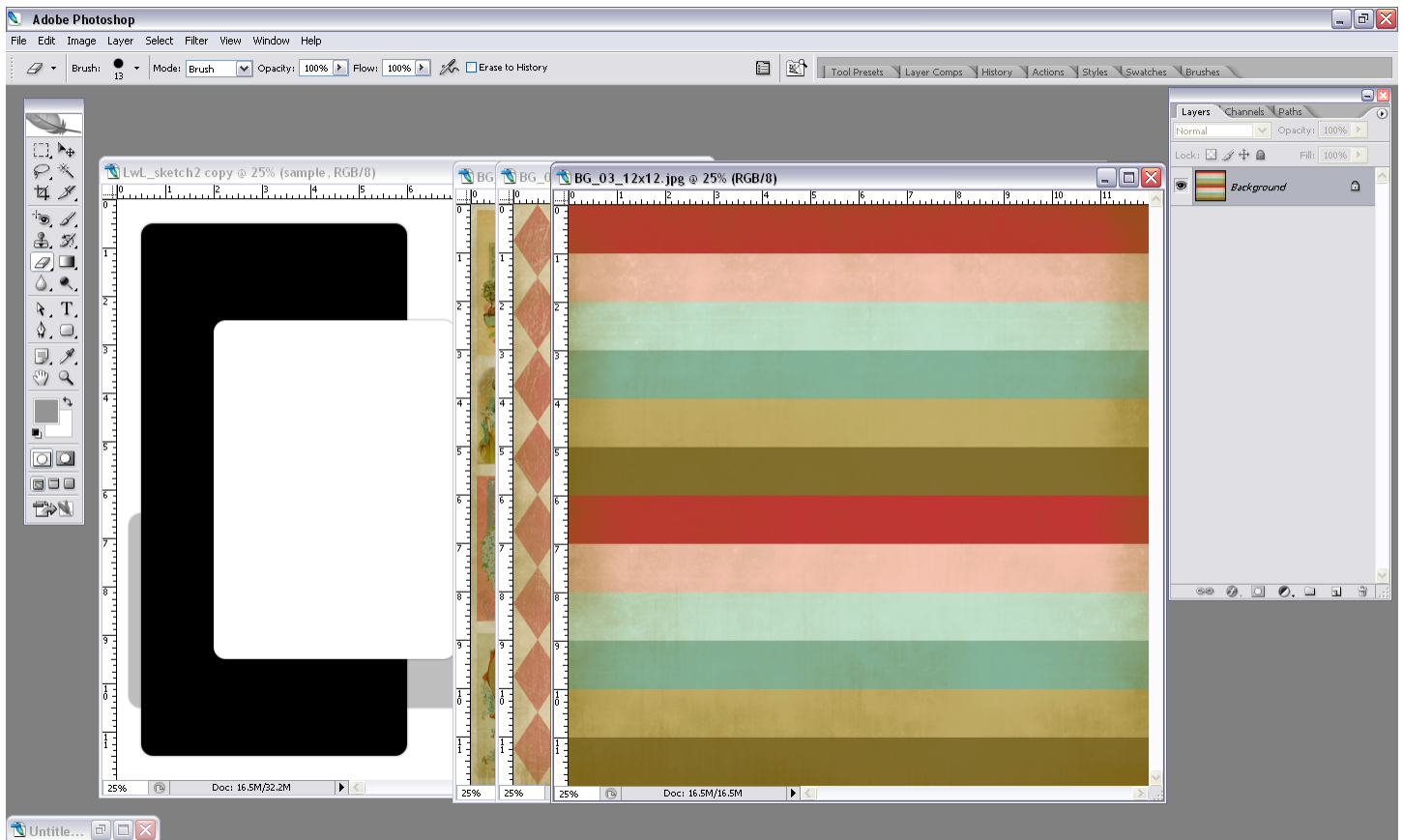
Duplicate your sketch and close the original
IMAGE>DUPLICATE.....you can name your layout the press OK

STEP 2

You will need to decide which papers you will be using and open them.

STEP 3

Arrange your windows so that you can see your papers AND your sketch



STEP 4

Select your **MOVE TOOL**  from the toolbox

STEP 5

Make sure you have one of your papers as the active document..(just click on the title bar to make it active)

STEP 6

Hold down the **SHIFT** key as you **DRAG** your paper into your sketch layout (*holding down the SHIFT key will place the paper PERFECTLY CENTERED into the sketch*)

STEP 7

Close the document for the **PAPER** you just used and select the next paper

Repeat the **SHIFT+DRAG** and **CLOSE** until you have all the papers into your sketch. (should be 3 papers)

Now comes the arrangement

STEP 8

Choose which paper you would like to be your **BACKGROUND** paper and drag that paper to just above the layer titled **Background** in your document. Don't worry if you can't see it in the image yet...you will when we add the clipping masks to the other papers

STEP 9

Choose which paper you would like to be your **LIGHT GRAY RECTANGLE** paper and drag that paper to just above the layer titled **Layer 1** in your document.

STEP 10

To add the clipping mask to this paper you will need to make sure you have it selected and then:

PS 7 and CS	CS2
press CTRL+G	press CTRL+ALT+G

STEP 11

Choose which paper you would like to be your **BLACK RECTANGLE** paper and drag that paper to just above the layer titled **Layer 2** in your document.

STEP 12


To add the clipping mask to this paper you will need to make sure you have it selected and then:

PS 7 and CS	CS2
press CTRL+G	press CTRL+ALT+G


you should now be able to see your papers cut out. At this time you can select the **PAPER** layers you applied the clipping mask to and move them around until the pattern of the paper is like you want.

STEP 13

Lets color our letter. Here you have a choice. You can drag in another paper to use or you can pull a color from the papers you have to make a solid colored letter. I am going to make a solid colored letter.

So I will select my EYEDROPPER tool  from the toolbox and click on the color I want from my document window. You will notice your foreground color change to that color.

STEP 14

Select LAYER 4 (the back part of you letter) then press the CREATE NEW LAYER icon  located at bottom of the Layers Palette. This will give you a new layer ABOVE layer 4

STEP 15

To add the clipping mask to this empty layer you will need to make sure you have it selected and then:

PS 7 and CS	CS2
press CTRL+G	press CTRL+ALT+G


STEP 16

Press ALT+BACKSPACE...this will fill the layer with the FOREGROUND COLOR


We are almost done

STEP 17

Select the text layer you typed out your WORD on (at this time there should only be one editable text layer...this

is the layer with the T icon 

STEP 18

Double click the THUMBNAIL  and you will notice that your text is highlighted....now you can change the word, font, and size as needed. I changed my word to sweetheart, font to IMPACT and size to 48 pt.

Time to add the photo.

STEP 19

Select **LAYER 3** (*the white rectangle*)

STEP 20

I am going to use the PLACE function for this one

FILE>PLACE...browse your computer to find the photo you want to use and press PLACE

you will have a box with an X over your image. This is because you are in TRANSFORM mode.



STEP 21

In the options bar you will see a LINK icon **CLICK ON THIS ICON**



what this will do is keep your photo proportional during the resizing

STEP 22

Grab the corner of the photo to resize the photo down...you can eye this...make it just a little bigger than the rectangle below...

Once it is the correct size PRESS ENTER (*you can also click on the check mark in the options bar*)

STEP 23

To add the clipping mask to this photo layer you will need to make sure you have it selected and then:

PS 7 and CS	CS2
press CTRL+G	press CTRL+ALT+G



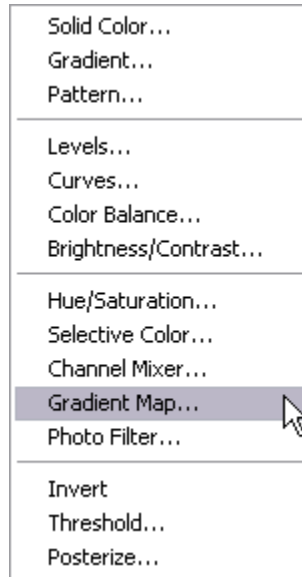
Since I am very partial to B&W photos I am going to change this photo to B&W

STEP 24

Press D to reset FOREGROUND/BACKGROUND colors to BLACK/WHITE

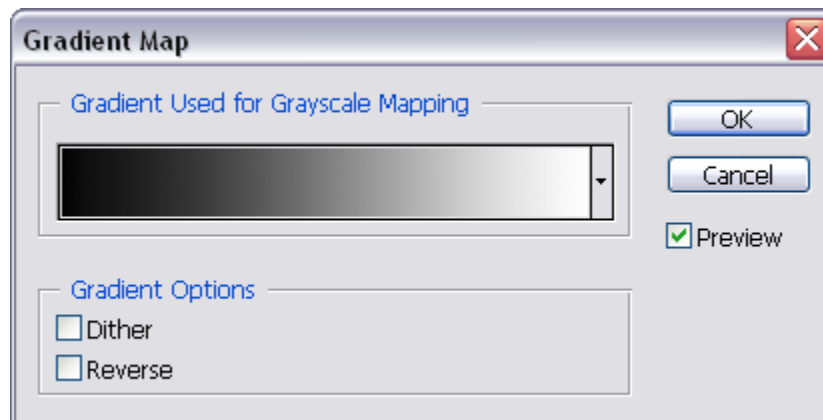
STEP 25

Make you have the PHOTO selected then click on the CREATE NEW FILL OR ADJUSTMENT LAYER icon  located at bottom of layers palette...select GRADIENT MAP



STEP 26

After the Gradient Map window pops up....**PRESS OK**



STEP 27

To add the clipping mask to this photo layer you will need to make sure you have it selected and then:

PS 7 and CS	CS2
press CTRL+G	press CTRL+ALT+G

Now to add the finishing touches. Such as an element or wordart or stitching. You let your imagination run. I can't wait to see your layouts.

If you like my style of teaching...don't forget to sign up for some of my classes! Check out DSU for information on which classes I am offering and when they are offered...More classes are coming soon!!

OH...and the papers I used for this layout come from the SWEETHEARTS paper pack by me...Lisa Carter



